

patients.” Therefore, in the field of medicine, it is important for us to be conscientious. For that reason, we should think of some training that will enhance the common recognition among all the senses that we naturally have in ourselves.

I obtain great personal satisfaction relieving my patient’s pain. I feel very fortunate to work as an acupuncturist. Recently, I have come to believe that in a way it was even helpful that I lost my sight it is due to my lost sight that I come to work as an acupuncturist.

Translated by Mizutani Yoshiya

Iwashita Shumei

*He was born in Yokohama, Japan in 1959. He majored philosophy in Chuo University and graduated in 1985. He graduated from Yokohama School for Blind in 1988 where he later served as an instructor. He obtained an acupuncture and moxibustion license in the same year. He also graduated from Tsukuba University, Physiotherapy Department in 1990 where he obtained a teaching license for blind. He established his acupuncture clinic in 2004. He co-authored a book entitled *Chuto-shikaku-shougaiha no Sutoresu to Shinri-Rinsho (The Stress and Psychology of Visually Handicapped who Become Blind in the Middle of his Life)**

Acupuncture Treatment and Physical Distortion

by Sorimachi Daiichi

How do we get disease?

In the medical world, we can count over 30,000 to 35,000 names of diseases.

The human body had not showed drastic evolution. What is happening to our health? Apparently, we get sick from viruses or bacteria. Why is it that while in hospital, one patient gets an infection and is treated with antibiotics while the other patient is able to fend off the infection. When skeletal structure keeps one’s gravity center in balance, the body can tolerate much more stress, like virus, bacteria, any organ damage, so called disease.

Law of Physics and Modern Medicine

Our body has a bone frame and every joint is traversed by skeletal muscles. Bone itself is hard and not flexible but at the joint our frame will move and flex. Let’s watch the law of physics now. (See Figure 1) Any hard material like solid plastic or metal will work for this experiment. Put lubricant on one piece of metal and put another piece of metal on the top. Apply some pressure on the metal in chart C and give slight lifting energy on the metal in chart B. Apply some pressure to all the metal in chart A, B and C from the side to slide. According to the law of physics, the bar on chart C slides easiest and the bar on chart B which was lifted to eliminate pressure between these two bars is the hardest to slide. What does it means? For instance, when we have knee pain with inflammation and visit a doctor, the doctor observes the knee and tries to find out how

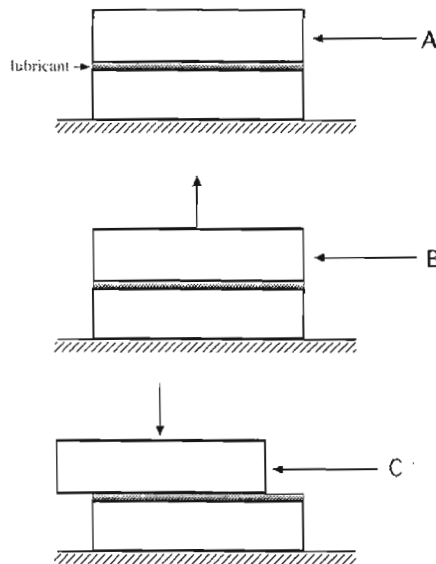


Fig. 1

to eliminate the pressure between the bones, thinking that the pressure between the bones is the cause of the inflammation. Sometimes the doctor suggests a knee operation to release this pressure.

Nerve fiber and Traction machine

The basis of all science is physics. There is no exception not even in medical science. What is happening with the modern medical approach? Like chiropractic, osteopathy, physical therapy, are all medical related science prepossessed by the compressed nerve theory? Nerve system can withstand pressure stress with durability but the nerves are more vulnerable to traction. Do you remember what we experienced in our grade school physiology class? We pinched hard the frog’s nerve with forceps but it hardly damaged the nerve. On the other hand, when the nerve fiber was pulled and stretched, the frog showed the trouble with the nervous system. When we visit a doctor’s office for neck or knee problems, the doctor usually recommends the use of a neck or knee traction machine. Now you can see using the traction machine causes a risk that may damage your nervous system.

Sacroiliac Joint

In human anatomy, sacroiliac joints are considered immovable, mal-adapted joints. When we check this joint in the anatomy textbook, they are covered with many ligaments and do not look like movable joints. When we tried to move this joint with our hands, it was impossible to move with human hands. SI joint has irregular indentations and do not fit each other at all. But when a human walks, SI joints are moving for sure. I will discuss this conflict some other time.

Is it our destiny to have back ache because we stand up and walk with this mal-adapted SI joints? Our joints are covered with bursa and filled with synovial fluid, so that joints can move in the gravitational interaction force. Please look at the Figure 2. When we consider type 1 to type 9 on the illustration, from the stand point of hydro-kinetics (secured fluid lubrication, formative fluid pressure etc.), human SI joints fall

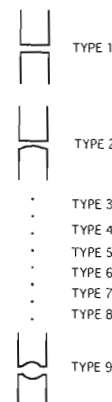


Fig. 2

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1858 Pleasantville Road
Suite 112
Briarcliff
NY 10510-1038

Please contact us for an
information packet.
Voice or Fax: (914) 923-0632
e-mail: editor@asny.org

in the category of type 9. As the result, this charts shows, human SI joints have the most remarkable conformity of all our joints. Now you can see joints with irregular indentations, which look mal-adapted but in the human body movement, SI joints are suitable joints for human physiology.

Distortion of structure

When knee joint indicates any symptoms or problems, acupuncture treatment must be applied as soon as possible. If no treatment is applied then lower back symptoms will get worse and other symptoms will appear in other areas of the body. For instance, when one side of an iliac crest moves upward, then the spine is twisted around and the scapulas move into uneven positions, one side is higher than the other. Then the neck follows the displacement from below and develops a spinal distortion. From top to bottom, every thing is connected like linked chains in our human body. When one skeletal joint gets twisted, then this creates a ripple effect all over the structure. A distortion in the pelvis gives a ripple effect to the height of the scapulas. This case will cause heart symptoms, chronic stomach symptoms, and a middle ear infection. Almost all the time, you can observe clearly that, cataract in eye will be developed in the same side of the lower scapula. It sounds strange but, I find people who have a left shoulder lower than the right one tend to have good appetites. When the right shoulder is lower than the left, this person loses his appetite and feels gassy in the stomach. The most interesting to observe is when a person with hunchback moves his eyes side to side easily, after the back gets straightened, his eyes moves up and down easily. As I mentioned above, our physical distortion directly affects our health and disease.

Space between bones

In the history of the acupuncture treatment, how many acupuncturists paid attention to the structural distortion of body? Dr. Hashimoto Keizo said that acupuncture points on certain lines on human body are activated when the space between bones in joint became wider and this creates stress in the surrounding and showed up as a lump. When you search and touch acupuncture points on right and left arms, you will find out that meridians and acupuncture points do not respond the same on right and left. Perhaps you will feel pain on right Li-11 but not on the left Li-11. Have you ever thought of why it happens to our body? It is caused by difference of the center of the gravity of the body.

Distortion of body causes disease

Then you might ask me, is there any center of gravity on arms? In the Seitai Shinpo theory, we call the center in the top portion of human body, as the higher center. We call the Tan Den as lower center. These two sets of centers led to the creation of the seitai shinpo basic four treatment patterns. (Please read *NAJOM* Vol19No25 and Vol10 27.) Because of the nature of the human body structure, these basic four patterns are most commonly used during Seitai Shinpo treatments.

The only reason I wrote this article is to show you that any distortion in our body will causes all the diseases in our body. Why do you get an ear ache only on one side, instead of both ears? Why does breast cancer appears only on one side? Why sciatica develops only on one side?

When we read clinical data on acupuncture magazine, they always mention right sciatica treatment treatment of the arthritis on the left knee... etc. But nobody ever mentions this sciatica symptom comes from what part of body. When a person has knee ache and sciatica nerve pain, this person's body will always have a spinal distortion. At this time, the body contorts with intolerable pain temporarily. With a careful observation, you

will be able to find out the exact location of the distortion.

According to my observations, when a patient has left sciatica, he or she never develops arthritis in the right side knee joint. If you see any patient like this, he /she had right sciatica first and developed left sciatica later then right knee pain will occur. It is very common; when a patient has a right frozen shoulder then she has hardly develops stiffness in left neck and shoulder. This is the how human body reacts. I will explain more in detail at my seminar. More than anything else, I want you to know that body can maintain optimum health when the structure is in hydro-kinetically centered.

Translated by Maekawa Chieko

Sorimachi Daiichi

Born 1940 Tokyo, Japan. Graduated Toyo Shinkyuu School 1971. Studied Sawada Ryu. Studied Jinngai Myaku koushim with late Doueki Ogura. Studied Sotai-Ho with late Keizo Hashimoto. Hinai Shin Hou with late Koubei Akabane, Nippon shinkyu gakkai Tokyo chapter, ex-board of director. Seitai Shinpo founder.

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Contact Info:

Ms. Michelle O'Brien
Director of Human Resources
New York College of Health Professions
6801 Jericho Turnpike
Syosset, NY 11791
Fax: 516-364-8394
Email: mobrien@nycollege.edu
Web: www.nycollege.edu

